For Children 6yrs-13yrs



My Activity Book

eBook



# Laylat al Qadr

The Night of Decree

My Activity Book

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### **OBJECTIVES OF THE ACTIVITY:**

- \* Help children realise the significance of Ramaḍān.
- \* Let children understand the merits of *Taq* Nights (odd nights of the last ten days) rituals.
- \* Make children comprehend and follow a plan to draw maximum benefit out of it along with peers.

#### AGE:

These activities can be conducted with kids between 6 yrs to 13yrs.

For older or younger group they can be modified accordingly.

#### **METHODOLOGY:**

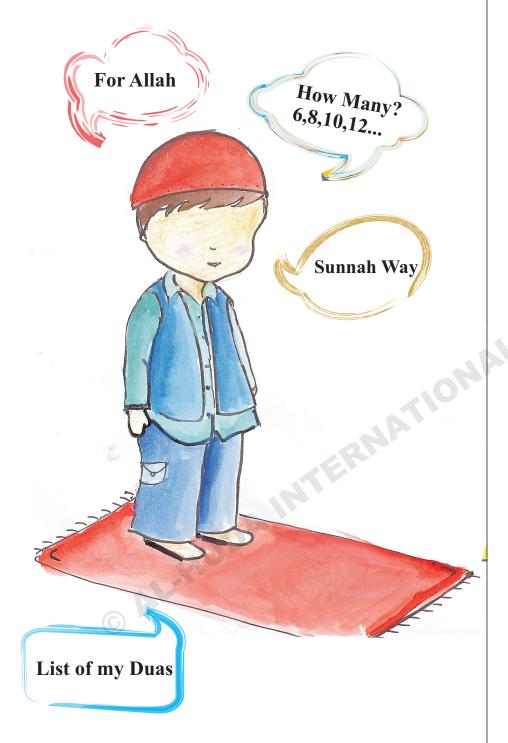
- \* These can be conducted at home or kids could be invited over.
- \* Give this booklet to all kids.
- Pass them the planner and let them follow it.
- \* They will do most of the activities on individual basis along with peers. This will help them form a support group to do healthy activities.
- \* After each activity let them fill in the respective page.

#### WHAT WILL WE DO TONIGHT?

> 9:00 pm- 9:15	Settling down
> 9:15 pm- 9:45	Offer Nafl Prayers
> 9:45 pm-10:15	Qur'ān reading with meaning
> 10:15pm- 10:45	Ḥadith Reading
> 10:45 pm-11:10	Snack Time
> 11:10 pm- 11:30	Dhikr
> 11:30 pm- 12:00	Our final destination and its preparation.
> 12:00 mn-12:30	Think of our <i>Iman</i> and deeds with <i>D'uā</i> .

Sleep now and wake up for *Tahajjud* and *Suḥūr*.

<sup>\*</sup> Modify according to 'Isha and Tarāvīḥ prayers.



#### **MY TARGET FOR NAFL PRAYERS.**

- \* How many did I offer? -----
- \* Did I offer them the Sunnah way? ------
- \* Did I do it for Allah < only? ------
- \* What special things I wanted to ask from Allah < today:

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- 3 -----
- 4 -----
- 5. -----

# WOULD I TRY TO SAY NAFL PRAYERS DAILY?

The Messenger of Allah à said, "A person is nearest to Allah at the moment when he is doing sajda. So while you are performing sajda, pray energetically.(Ṣaḥiḥ Muslim)



# **⊗** READING QUR'ĀN

- \* How much did I recite? -----
- \* Did I enjoy reciting with meaning? -----
- \* My target of Qur'an recitation till next Ramadan? -----
- \* What special things I must do when I read my Qur'an?
  - 1. Do  $wud\bar{u}$  y/n
  - 2. Eat food y/n
  - 3. Recite with best  $tajw\bar{i}d$  y/n
  - 4. Remember these are Allah's words.y/n
  - 5. Make  $D'u\bar{a}$  after reading it y/n

# WOULD I TRY TO DO WHAT I READ IN QUR'ĀN?

The Messenger of Allah à said," He who recites the Qur'ān will be told on the Day of Judgement, Recite the Qur'ān in the same good manners as you did in the world and as a reward you will be elevated one degree higher and your ultimate place is near the end of the final verse.

(Sunan al-Tirmidhi)



# **MY HADITH TIME**

" Say (O Mohammad  $\tilde{\mathbf{A}}$  to mankind): 'If you really love Allah then follow me, Allah will love you and forgive you of your sins." \* My Favourite Ḥadith: Why do I like it? \* How will I follow this Ḥadith?



### SNACK TIME:

*	How often do I eat the Sunnah way?
*	Which things I ate and drank last month that the Messenger of Allah $\widetilde{A}$ used to eat?
*	Rules that I follow when I have my food:
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*	What do I have to improve about my food before next Ramaḍān?

Abu Hurairah reported: The Messenger of Allah  $\tilde{A}$  never find fault with food. If he had inclination to eating it, he would eat it; and if he disliked it, he would leave it. (Saḥiḥ al-Bukhārī, Ṣaḥiḥ Muslim)



#### DHIKR | DID:

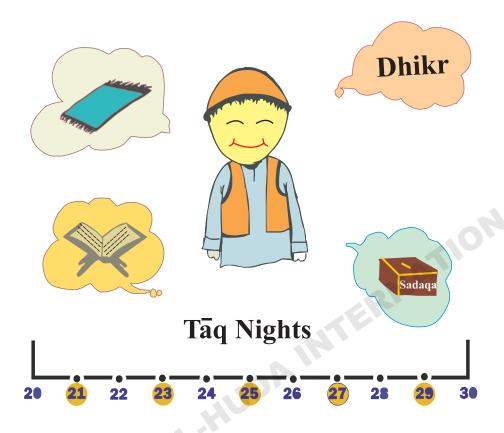
"Therefore remember Me (by praying ,glorifying). I will remember you." (2:152)

How much reward you can earn in **ONE MINUTE**:

# \* Read الله وَحُدَهُ لاَ شَرِيُكَ لَهُ ، لَهُ المُمُلُكُ، وَلَهُ الْحَمُدُ، وَهُوَ عَلَى كُلِّ شَيًّ قَدِيْرٌ

10 times. The Messenger of Allah  $\tilde{A}$  said ," He who utters a ten times in a day these words, he will have a reward equivalent to that for emancipating four slaves." (Ṣaḥiḥ Muslim))

- \* Read Surah Al Ikhlās 10-20 times. The Messenger of Allah  $\tilde{A}$  called it equivalent to one third of the Qur'ān (in reward). (Ṣaḥiḥ Muslim))
- \* Read سُبُحَانَ اللهِ ، وَالْحَمُدُ لِللهِ ، وَلَا أَلَهُ أَلَّا اللهُ ، وَاللهُ أَكْبَر 10-12 times. The Messenger of Allah A said, "The uttering of these words is dearer to me than anything over which the sun rises." (Ṣaḥiḥ Muslim))
- \* Read لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ 40 times or more. The Messenger of Allah A said, "Shall I not guide you to a treasure of Jannah?" Then he recited these words. (Ṣaḥiḥ al-Bukhārī)



- \* Read هُبُحَانَ اللهِ وَبِحَمُدِهِ عَدَدَ خَلُقِهِ ، وَرِضَا نَفُسِهِ، وَمِدَادَ كَلِمَاتِهِ Read هُبُحَانَ اللهِ وَبِحَمُدِهِ عَدَدَ خَلُقِهِ ، وَرِضَا نَفُسِهِ، وَمِدَادَ كَلِمَاتِهِ 10-12 times. The Messenger of Allah  $\widetilde{A}$  said, "If these are to be weighed against all you have recited, these will be heavier." (Ṣaḥiḥ Muslim))
- \* Read Surah Al Fatiha 4-5 times.

  The Messenger of Allah à said," Surah Al Fatiḥā is healing for every illness." (Sunan al-Darimi)
- \* Read الله 50 times or more.

  The Messenger of Allah Ā said, "If anyone constantly seeks pardon from Allah, Allah will appoint for him a way out of every distress and a relief from every anxiety, and will provide sustenance for him from where he expects not."

  (Sunan Abu-Dawud)
- \* Read اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ، وَعَلَى آلِ مُحَمَّدٍ 40-50 times. Sending blessings on the Prophet Ā ten times in the morning and ten times in the evening will be a source of intercession on the Day of Judgement.

  (Al-Jami' as- Saghee)
- st Read עֹּןְעֹאֵן עֹׁרוֹעׁ  $40 ext{-}50$  times. The Messenger of Allah  $\widetilde{\mathsf{A}}$  said," The best way to celebrate the remembrance of Allah is to say this."

(Sunan al-Tirmidhi)



\* Read سُبُحَانَ اللهِ وَبِحَمُدِه، سُبُحَانَ اللهِ العَظِيبِ 25 times.

The Messenger of Allah A said, "There are two statements that are light for the tongue to remember, heavy in the scale and are dear to the Merciful."

(Ṣaḥiḥ al-Bukhārī)

# SPECIAL DUA TO BE READ AS MUCH AS YOU CAN FOR LAYLAT AL-QADR (NIGHT OF DECREE)

'A'ishah > reported, "I asked, 'O Messenger of Allah! If I realise Laylat Al-Qadr, what should I supplicate in it?" He replied, 'You should supplicate':

O Allah! You are Most Forgiving and You love forgiveness so forgive me. (Sunan al-Tirmidhi)



### **MY PREPARATION FOR FINAL JOURNEY**

Things I need to put in bag, that will help me in my journey:

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The Messenger of Allah  $\tilde{A}$  himself used to ask forgiveness and pray for his salvation seventy or even hundred times in a day. (Sahih al-Bukhari, Sahih Muslim)

17



# MY TARGET TILL NEXT RAMADAN TO MAKE MY DUNIYA AND AKHIRAH THE BEST

O mankind! Verily, the promise of Allah is true. So let not this present life deceive you, and let not the chief deceiver (Shaitan) deceive you about Allah. (35:5)

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3.	
4.	
5	

19

## **MY RAMADAN RULES:**

- \* In Home
- \* In Masjid
- \* Outside home.

Look at the pictures and find for yourself the do's and don'ts in these places.

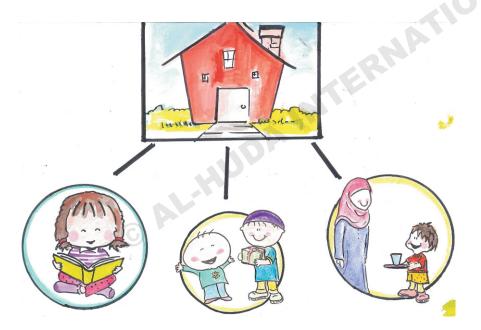
Think of five more things which you should or should not do in each of these places.

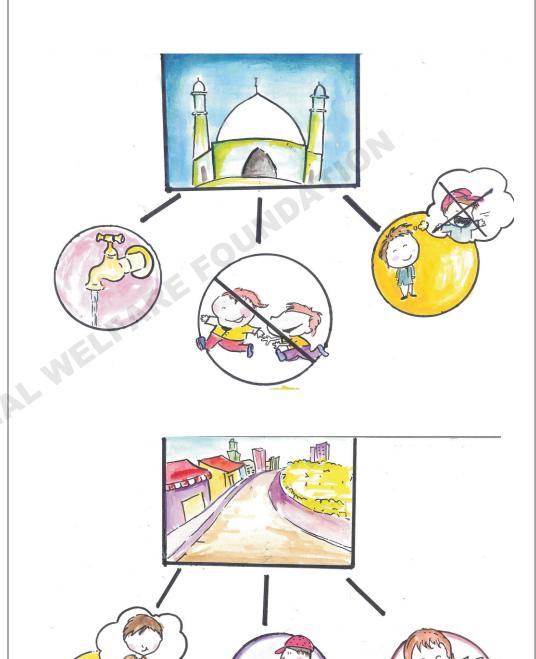
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Indeed we sent
the Qur'an during the
Night of Al Qadr (Decree). And
what can make you know what is
the Night of Al Qadr (Decree). The
Night of Al Qadr (Decree) is better
than a thousand months. The angels
and the spirits descends therein
with the permission of their Lord
for every matter. Peace it is until
the emergence of dawn.

(Al-Qadr:97)



