




DHULHISJAH

My Activity Book



eBook

For Children 6-13 years



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

DHUL HISSAH

My Activity Book

©

AL-HUDA INTERNATIONAL WELFARE FOUNDATION
Name _____

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Introduction

- Help children realise the significance of first ten days of month of Dhul Hijjah.
- Let children understand the merits of 'ibadah in these ten days.
- Make children comprehend and follow a plan to draw maximum benefit out of it along with peers.
- To form a support group to conduct healthy activities.

Age:

- These activities can be conducted with kids between 6 - 13 years of age.
- For an older or younger group of children, the activities may be modified accordingly.

Methodology:

1. Give this booklet to all kids. It will serve as a planner to be followed in these ten days.
 2. Let children perform one activity each day for ten days.
 3. After every activity, the children should fill in the purple boxes given at the end of each chapter.
- Activities are assigned to specific days based on a hadith that good deeds done during these ten days are most beloved to Allah ﷻ. Children may switch days or add more activities according to their choice or interest, as the goal is to practice good actions in these days.
 - The activities may be conducted at home or in school by children.
 - The parents or teachers may supervise children for field or research-based activities.

Presentation on Ten Blessed Days

<http://www.kids.farhathashmi.com/05-PlayLearn/Learn/Presentations/ZilHajj-Kids/10.html>

Dialogue



Assalamu 'Alaykum waRahmatullahi waBarakaatuh!!
I want to share something very exciting. You know some very blessed days are going to start.

Blessed days?
Ramadan ended a couple of months ago!
Which other blessed days?

Yes sister! Alhumdulillah! Allah ﷻ is so kind.
He gives us more and more chances to do good deeds.

But how do you know?

My teacher told me a hadith of the Prophet ﷺ. He ﷺ said, "Allah does not love any deed more than He loves a deed done in these ten days". Thereupon the companions asked, "O Messenger of Allah ﷺ, not even jihad in the path of Allah ﷻ." The Prophet ﷺ replied, "No not even Jihad in the Path of Allah ﷻ, except for the one who went forward with his life and wealth and did not return with anything". [Sunan Abi Dawood: 2438]

Subhan Allah that's wonderful!!
What do you plan to do in these ten days brother?

Activity: Making a List of Good Deeds

Reciting
Takbeerat

Improving
Salah

Helping
Others

Reciting
the Qur'an

Giving
Sadaqah

Speaking
Gently

Knowing the
History of Ka'aba

Knowing
about Hajj

Fasting and
Du'a

Sacrifice
and 'Eid

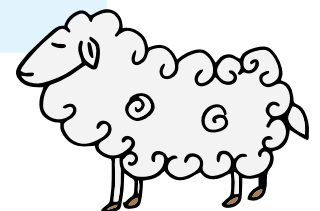
No hair cut and
trimming nails

In the Qur'an, Allah ﷻ takes an oath upon these ten days,

وَالْفَجْرِ وَلَيَالٍ عَشْرٍ

"By the dawn and [by] ten nights" [Al-Fajr: 1-2]

*Assalamu 'Alaykum wa rahmatullahi wa barakaatuhu!!
these animals are the most special part of these days.
Take care of them.*



One of the righteous deeds during these days is to remember Allah by reciting takbeer (saying "Allahu Akbar") and tahmeed (saying "Alhumdulillah")



Where should takbeerat be read?



Day 1: Takbeerat

Masnun Words of Takbeer

اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ، لَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ وَلِلَّهِ الْحَمْدُ

Allah is the Greatest, Allah is the Greatest, there is none worthy of worship except Allah. And Allah is the Greatest, Allah is the Greatest and all praise is for Allah.

When should takbeerat be read?

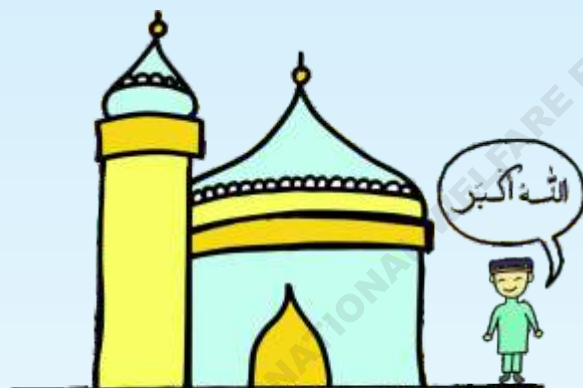
It is a sunnah to recite takbeerat at any time during the first ten days of Dhul Hijjah. We start from 1st Dhul Hijjah (i.e., from sunset on the last day of Dhul Qa'dah) until the end of the days of Tashreeq (i.e., when the sun sets on the 13th day of Dhul Hijjah).

It is the 1st Day of Dhul Hijjah.
When will you buy the animals?





School



masjid



Car

How can I remember to read them all day long?

At Home:

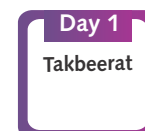
- I can take help from my mother. She will continue to remind me.
- We will download the takbeerat on a mobile phone and play them.
- We can set them as alarm tune and set the alarm at gaps of one hour.
- We can even set them as a ring tone of the cell phone.

At School:

- I can tell my friends about takbeerat and we can together memorize them. Later we can remind each other to read them.
- If my teacher allows me, I will put a takbeerat card on the soft board of my classroom or on my desk or anywhere visible enough for me and my friends.

At the Mosque:

- With help of the Mu'azzin, we can encourage all people in the mosque to read them before and after salah.



Read me!
MEMORISE ME!
Understand me!



Quran

Day 2: It's a Day with the Qur'an

What to do?

- I will keep a pocket sized Qur'an with me for the whole day and will read it whenever I get a chance.
- I will memorize a short surah or some verses.
- I will read the meaning of a part of the Qur'an myself or with help of my mother (note: Prefer to understand the meaning of what you have memorized or read).

Now fill in the chart below

Qur'an	When?	Where?	How much? Verse no. _ to _
Read			
Memorized			
Translation			



Take good care of the animals to be sacrificed for Allah Ta'ala. May Allah be happy with me.



Some tasks I will focus upon:

TASK 1

I will read my salah slowly and properly

TASK 2

I will focus on the words I am reading in my salah.

TASK 3

I will read a different surah in every raka'ah

TASK 4

I will learn new du'as to read in salah.

TASK 5

I will remember that I am standing in front of Allah ﷻ.

Day 3:

A day dedicated to improving our Salah

Self check

I will fill the chart below by making a star for each accomplished task.

Salah	Task 1	Task 2	Task 3	Task 4	Task 5
Fajr					
Zuhr					
'Asr					
Maghrib					
'Isha					

Day 1

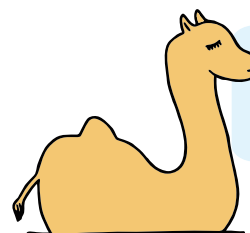
Takbeerat

Day 2

Qur'an

Day 3

Salah



Do all the kids know what the Prophet ﷺ told us about sacrificing animals?

Day 4: A Day to Practice Salam

My Salam Checklist

- Say *Assalamu alaykum wa rahamtullahi wa barakatuh* to everyone.
- Say it with a smile.

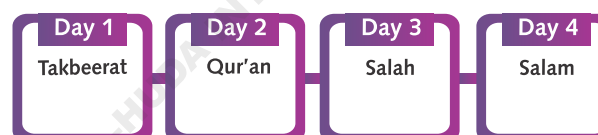


Aishah رضي الله عنها reported: The Messenger of Allah ﷺ said, "There is no day on which Allah sets free more slaves from Hell than He does on the Day of 'Arafah." [Sahih Muslim, Vol. 11, Hadith 1277]

Narrated Abu Hurairah رضي الله عنه, I heard Allah's Messenger ﷺ saying, "The rights of a Muslim on the Muslims are five: to respond to the salaam, visiting the sick, to follow the funeral processions, to accept an invitation, and to reply to those who sneeze. [Sahih al-Bukhari: 1240]

At the end of the day, I will fill in the following table and check how successfully I have accomplished the task. For each category of people, put a tick for someone you greeted well and a cross if you were unable to greet them well.

People	Tick or Cross			
Family				
Friends				
School Fellows				
Somebody I know				
Strangers				



Tell every butcher not to sharpen the knife in front of the animals. It may scare them.



Day 5: And Speak Politely with People

While talking to others I will focus on:

- My words
- My tone
- How loud I am?
- Do I hurt anyone with words?
- My speech when I'm angry
- Did I use the courtesy words like jazakAllah khair, please, excuse me, sorry... etc.?

What is usually my first reaction in these situations and how will I make myself more polite from now onwards:

1. My brother/ sister is not getting up for school and its already late. My teacher already warned me yesterday to be on time.

Usual Reaction _____

Gentle Response _____

2. My friend took my favourite book to read and lost it.

Usual Reaction _____

Gentle Response _____

3. I am standing in a queue and waiting for my turn for the past 15 minutes.
 A boy pushes me and takes my place.

Usual Reaction _____

Gentle Response _____

4. I had a bad day at school and when I reach home, mom has cooked
 what I don't like at all.

Usual Reaction _____

Gentle Response _____

5. Mom scolded and punished me for some things I have not done. I
 know that my brother/sister put me into it.

Usual Reaction _____

Gentle Response _____

NOTE: Everyday we come across situations like these and other similar ones. All we need to do is think before we react: "Am I reacting the way Allah ﷻ wants me to?"



'Abdallah bin Mughaffal رضي الله عنه reported that the Messenger of Allah ﷺ said: Allah is gentle, He likes gentleness, and gives for gentleness what he does not give for harshness.
 [Sunan Abi Dawud: 4807]



When you sacrifice one animal, kindly separate him from others.

Day 6: A Day to Help others

Now what's my plan for today?

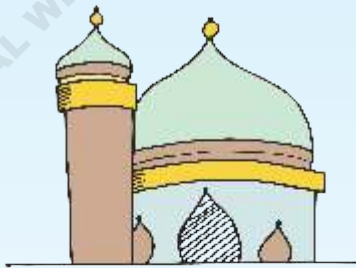
Well...I will help:

- Wherever I can
- Whenever I can
- Whomever I can

Here are pictures of some places where we can offer help to different people. Use the ideas given in the table and help as many people as you can. After helping them, write their names in the table.



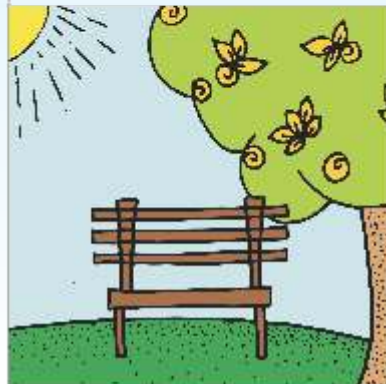
House



Masjid

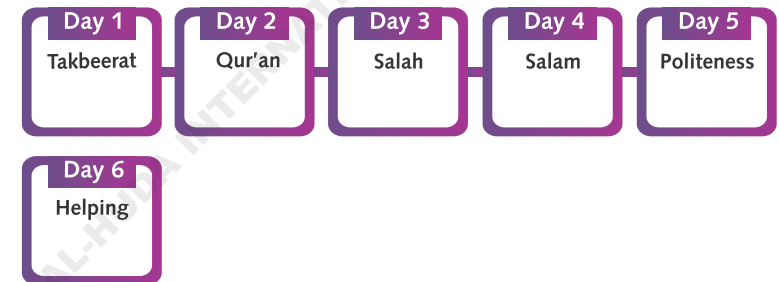


School



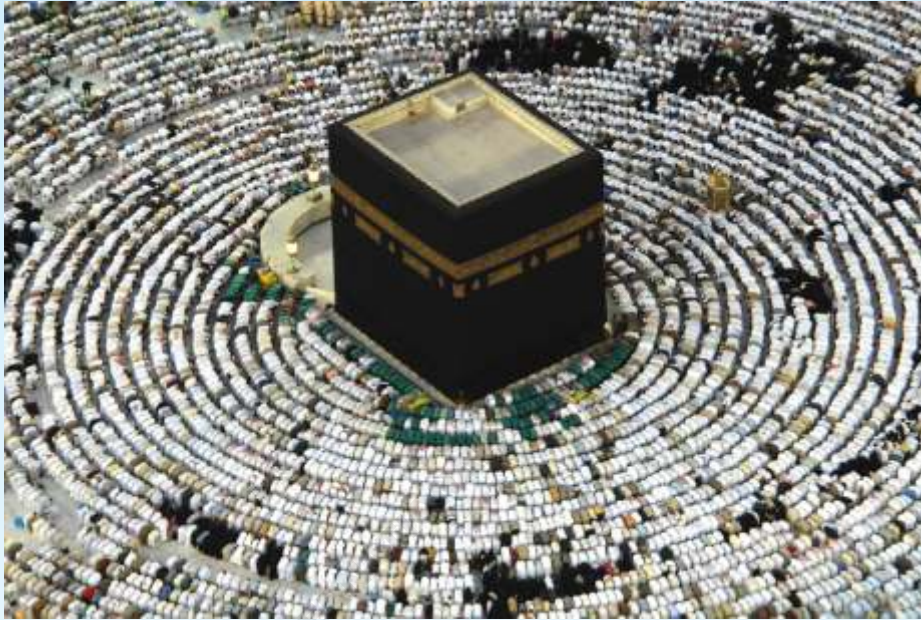
Park

Tasks	People
Help someone in getting ready for school	
Help someone with Maths problems	
Help someone carry notebooks to class	
Help someone pick up wrappers and extra papers from the floor	
Help someone open a lunch box and make space to sit	
Help someone lay a table and eat peacefully	
Help someone open a gate or carry a bag or bring water	

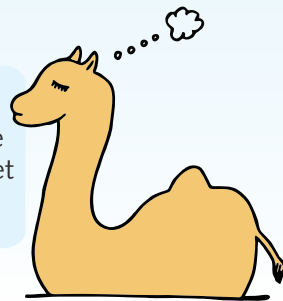


Use a very sharp knife to sacrifice the animals.

Story of Ka'abah



The day of sacrifice is near which animal will come to your home? Remember to take good care of them as advised by the Prophet Muhammad ﷺ.



Day 7: Knowing about the Ka'abah

Well friends, as we know Ka'aba is one of the most important places we visit during our Hajj journey.

Activity: Let's find out about the history of this important place from authentic books or web sites. Then complete the following:

First built _____

Second time _____

Why? _____

Third time _____

Du'as they were making _____

An incident related to Ka'abah before Prophet Muhammad ﷺ received Prophet hood_____

In the time of the Prophet ﷺ it was reconstructed by_____

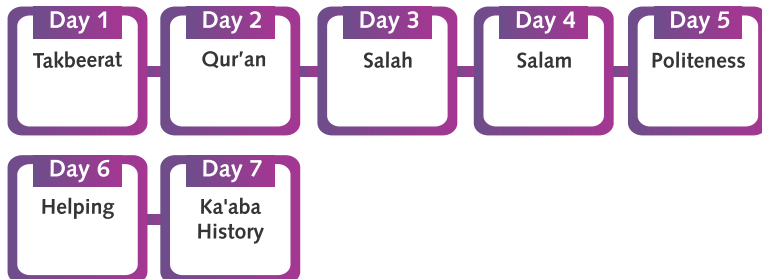
Any changes and why?_____

Placing the Black Stone_____

The importance of Ka'abah for Muslims_____

Have you visited this Blessed Place?_____

Feelings?_____



Did You Know?

The days of Hajj are 8th, 9th, 10th, 11th, 12th and 13th Dhul Hijjah and each day has a name.

8 ذُو الْحَجَّةِ، يَوْمُ التَّرْوِيَةِ

The day of fetching water and quenching the thirst

9 ذُو الْحَجَّةِ، يَوْمُ الْعَرَفَةِ

The day of standing for worship in 'Arafah

10 ذُو الْحَجَّةِ، يَوْمُ النَّحْرِ

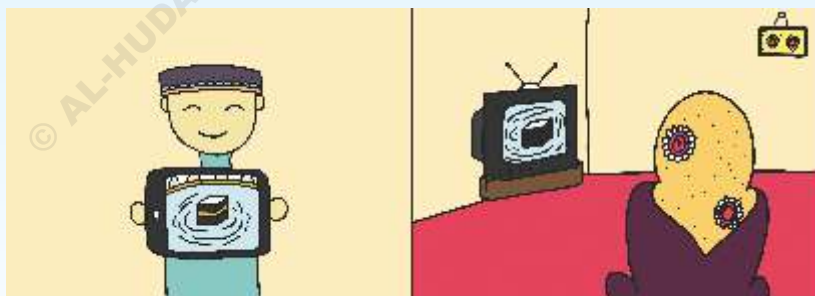
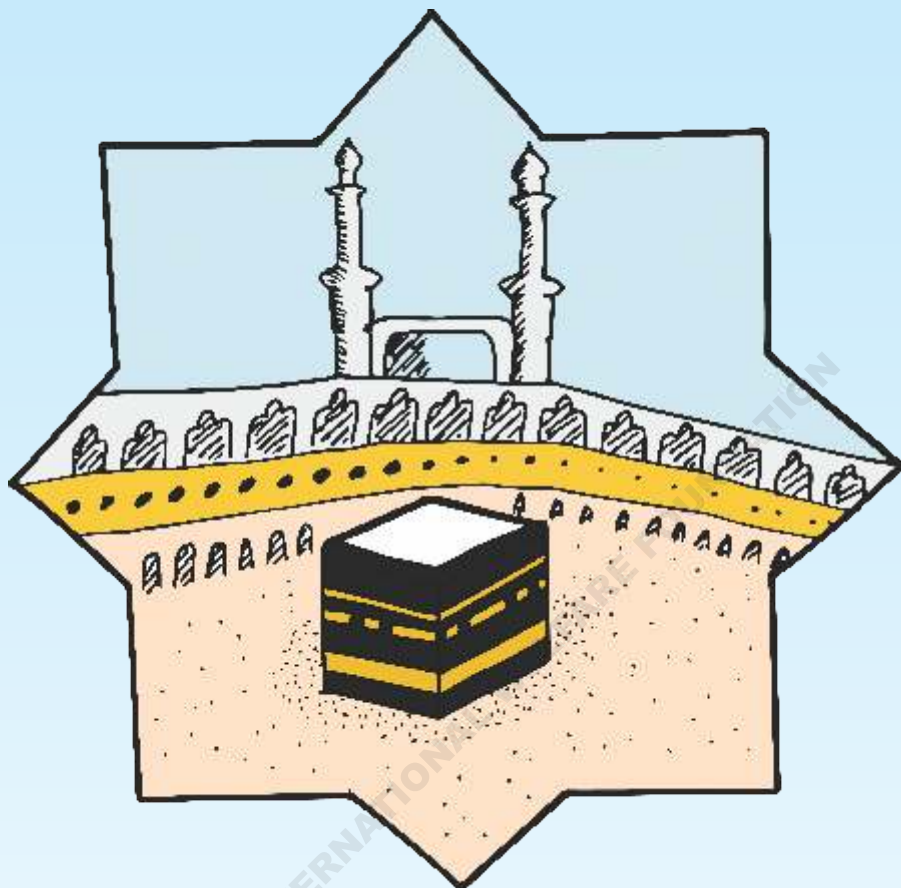
The day of sacrifice

11, 12, 13 ذُو الْحَجَّةِ، أَيَّامُ التَّشْرِيقِ

The days of drying the meat

Narrated Abu Hurairah رضي الله عنه, "From one Umrah to another is an expiation for the sins that came in between them, and Hajj Mabroor (an accepted Hajj) brings no less a reward than Paradise." [Sunan Ibn Majah Vol. 4, Vol. 25, Hadith 2888]





Day 8: Hajj Days

8th Dhul Hijjah - Yawm al-Tarwiyah

Alhumdulillah!!

The Hajj days start from today. The pilgrims will put on their Ihram and will leave Makkah and go to Mina after Fajr prayers. They will spend the rest of the day and the night in Mina, praying and worshipping Allah.

What to do on this day?

- Watch all the activities of pilgrims online or live on Television.
- Observe and try to feel what is happening there.
- Write about the rituals performed by the pilgrims.
- What were your feelings while watching them on the screen?

Day 1 Takbeerat	Day 2 Qur'an	Day 3 Salah	Day 4 Salam	Day 5 Politeness
Day 6 Helping	Day 7 Ka'aba History	Day 8 Yawm al-Tarwiyah		



Alhumdulillah!
I am so happy that these animals finally came to our house. We love them and are taking good care of all.

Let's expiate for our sins.
Let's perform actions most loved by Allah ﷻ .



Aishah رضي الله عنها reported: The Messenger of Allah ﷺ said, "There is no day on which Allah sets free more slaves from Hell than He does on the Day of 'Arafah."
[Sahih Muslim, Vol. 11, Hadith 1277]

Day 9: A Day of Fasting

9th Dhul Hijjah - The Day of Arafat

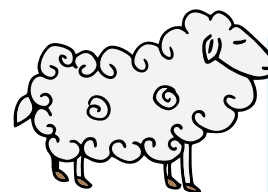
Our beloved Prophet ﷺ said "Hajj is Arafat". Pilgrims stand making duas and asking Allah for forgiveness in Arafat. [Sunan an-Nasa'i: 2619]

What can we do at our homes?

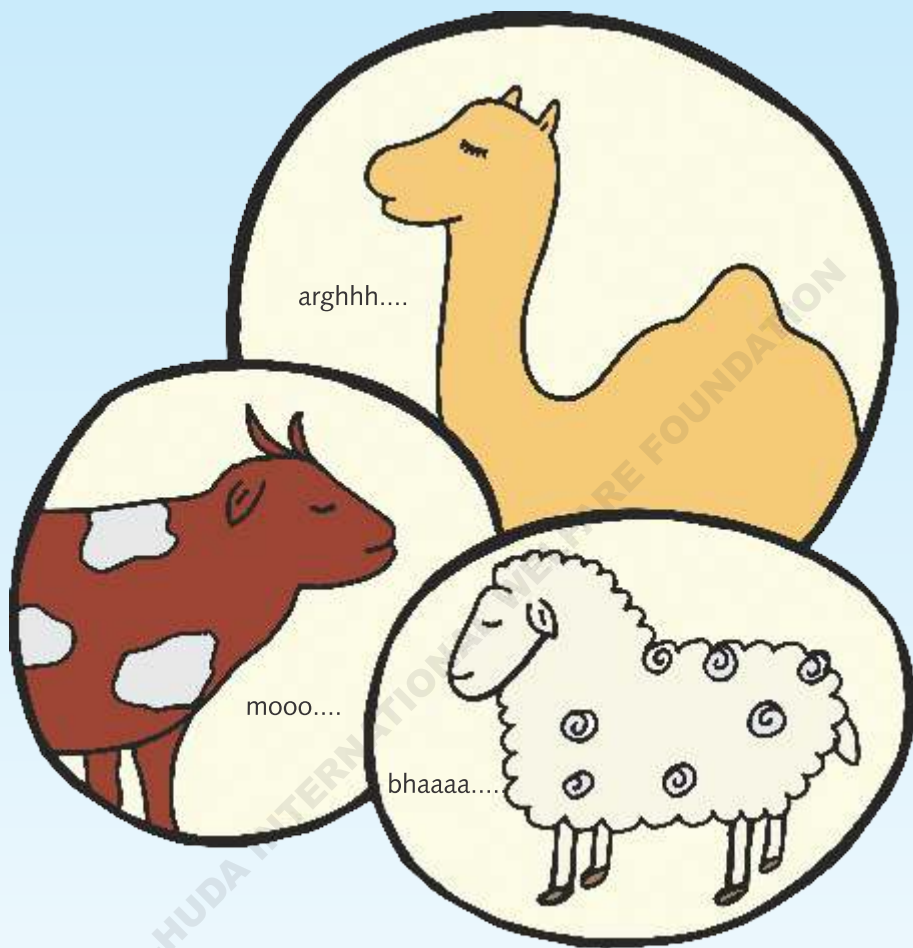
Today we can:

- Fast
- Seek forgiveness
- Make as many du'as as possible
- Repeat yesterday's activity

Day 1 Takbeerat	Day 2 Quran	Day 3 Salah	Day 4 Salam	Day 5 Politeness
Day 6 Helping	Day 7 Ka'aba story	Day 8 Yaum al-Tarwiyah	Day 9 Yaum al-Arafah	



The children of the house should be kind towards the sacrificial animals. They should give them water and fresh grass to eat and take them for a walk too.



It was narrated that Anas bin Malik رضي الله عنه said: "The people of the Jahiliyyah had two days each year when they would play. When the Messenger of Allah ﷺ came to Al-Madinah he said: 'You had two days when you would play, but Allah has given Muslims something instead that is better than them: the day of Al-Fitr and the day of Al-Adha.' " [Sunan an-Nasa'i: 1556]



Day 10: Eid day

10th Dhul Hijjah - Day of Sacrifice

Today all the Muslims will be sacrificing and celebrating Eid and earning so much reward. What can I do today? I think the best way I can earn reward is by practicing Sunnah. Let's make a plan.

- I will wake up early, take ghusl (bath) and clean my teeth with miswak. Then I will pray fajr.
- I will put on my best clothes and will not eat anything as it is a sunnah to eat sacrificial meat as the first thing today.
- I will reach the ground early, reciting the takbeerat loudly on my way.
- When I will come back from salah, I will witness our animal being sacrificed and will wait anxiously for some delicious food to be cooked from the sacrificial meat.
- I will also help in making packets to be given away as charity to the deserving and also to our relatives.

Activity:

1. How many sacrifices did you witness today? Write what you felt at that time.
2. Allah ﷻ commanded Prophet Ibrahim عليه السلام to sacrifice his beloved son and he obeyed willingly. But wait, Allah ﷻ has also commanded us to obey Him! Let's check ourselves, do we follow Allah's commands willingly or unwillingly:

Command	Willingly/Unwillingly
Praying Salah	
Obeying parents	
Giving charity	
Forgiving others	

So friends let's have a look at the activities we performed in all these days. Let's fill the table below and see how much we have accomplished and how we can continue performing these good deeds.

Days	Task	Accomplishment	Future Plans
1.	Takbeerat		
2.	Qur'an		
3.	Salah		
4.	Salam & Smile		
5.	Speak politely		
6.	Helping Others		
7.	Research Time		
8.	Know about Hajj		
9.	Fasting & Du'a		
10.	Day of Sacrifice		

Note: Once you complete all activities, then get this award from your parent/teacher.

Great Work

This Award is presented to

for

Signed _____

Date _____

Takbeerat

اَللّٰهُ اَكْبَرُ، اَللّٰهُ اَكْبَرُ لَا اِلٰهَ اِلَّا اَللّٰهُ
وَاللّٰهُ اَكْبَرُ اَللّٰهُ اَكْبَرُ وَلِلّٰهِ الْحَمْدُ

Allahu Akbar, Allahu Akbar, La ilaha illAllahu, wAllahu Akbar, Allahu Akbar, wa lillahil Hamd.

Allah ﷻ is the Greatest, Allah ﷻ is the Greatest, there is none worthy of worship except Allah ﷻ . And Allah ﷻ is the Greatest and all praise is for Allah ﷻ .

[Musannaf Ibn Abi Shaibah: 5676]

اَللّٰهُ اَكْبَرُ كَبِيْرًا وَالْحَمْدُ لِلّٰهِ كَثِيْرًا وَسُبْحَانَ
اللّٰهِ بُكْرَةً وَّاَصِيْلًا

Allahu Akbaru kabiran, wal-Hamdu lillahi kathiran, wa Subhan Allahi Bukratan wa Asilan.

Allah ﷻ is the greatest - the most great, and praise be to Allah ﷻ - abundant praise and glory be to Allah ﷻ in the morning and in the evening.

(Sahih Muslim: 1358)

Al-Huda – At a Glance

Established in 1994, Al-Huda International Welfare Foundation is a registered non-profit organization working to promote authentic Islamic knowledge. Free of any political influence and sectarianism, Al-Huda aims to present a true understanding of the Qur'an and Sunnah and strives for the welfare of the society.

The branches of Al-Huda provide several structured Academic and Social Welfare programs, from community outreach to online courses. A variety of publications and multimedia products are also widely available.

Al-Huda Institute began its first educational program in Islamabad catering to students of all ages and backgrounds. The various courses offered not only increase the students in their awareness and strengthen their knowledge but also help them find inner peace, develop good character and consciously serve humanity by applying and conveying the knowledge they have learnt.

Al-Huda reaches out to the community through various well-arranged welfare services including: Educational Sponsorships, Assistance for Self Employment, Monthly Financial Assistance, Marriage Bureau, Religious and Social Counseling, Funeral Support Services, Ramadan Services, Collective Sacrifices on Eid al-Adha, Water Supply Service, Monthly Ration and Clothes, Free Medical Camps, Emergency Relief etc.

For further information please visit our web sites:

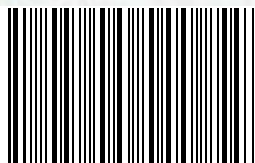
www.alhudapk.com www.farhathashmi.com
www.alhudainstitutue.ca

Hadith

'Abdullāh bin 'Umar رضي الله عنه narrated that the Prophet Muhammad ﷺ said, "There are no days that are better in the sight of Allah and during which deeds are more beloved to Him than these ten days. So during them frequently say 'Lā ilāha ill Allāhu (*Tahlīl*), Allāhu Akbar (*Takbīr*) and Al-Hamdu lillāh (*Tahmīd*).'"

[Musnad Ahmad: 5423]

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